TITLE 81 - JAIL STANDARDS BOARD

CHAPTER 7 - STANDARDS FOR JAIL FACILITIES - LIBRARY MATERIALS, EXERCISE AND RECREATION

**001 Policy.** It is the policy of the state of Nebraska that all detention facilities shall provide inmate access to library materials, and make provisions for inmate exercise and recreation which are consistent with the Standards established herein.

**002 General Library**. Library materials shall be available to all inmates housed in all detention facilities.

**002.01** Library materials should be responsive to the interests and educational needs of the users. Library materials shall include, at a minimum, the following:

**002.01~~.~~A** Current local newspaper and current daily newspaper~~,~~;

**002.01~~.~~B** Current magazines~~,~~; and

**002.01~~.~~C** A ~~R~~reasonable selection of books.

**002.02** Library materials shall be available to inmates daily, during the hours set by the facility administrator.

**002.03** Library materials need not be physically located within the detention facility if community or other resources are utilized which provide sufficient access to such materials.

**003 Exercise and Recreation.** Detention facilities shall provide a recreational program which includes both active physical exercise and passive recreational activities. Exercise and recreation shall be available to inmates held for seven (7) consecutive days or more.

**003.01** Inmates shall have opportunities for active physical exercise at least one (1) hour per day, five days per week outside their cells. When weather permits, exercise should be provided outdoors in a secure area.

**003.02** Space in the facility shall be designated for inmate exercise. It shall be in a secure area that is sufficient in size to allow the maximum number of users at any one time to participate in exercise activities and which is appropriate for the types of exercise activities offered.

**003.02A** Rooms designated for indoor exercise shall be adequate in size to serve the maximum number of users at one time.

**003.02B** Dayrooms may be acceptable, provided sufficient space is available and equipment is provided.

**003.02C** Outdoor exercise areas shall comply with the requirements of Chapter 15-008.09.

**003.03** Equipment in sufficient amounts shall be provided to ensure that all inmates have the opportunity to participate in exercise activities during their designated exercise period.

**003.04** The facility shall have an established exercise schedule with sufficient hours set aside weekly to meet the requirements of Chapter 7-003.01 above for all inmates in the facility.

**003.05** Provisions shall be made for passive recreational activities.

EFFECTIVE DATE: ~~August 8, 1990~~ January 17, 1982

REVISED DATE: ~~January 17, 1982~~ August 8, 1990

REVISED DATE: ~~September 3, 1991~~ September 3, 1991