NEBRASKA ADMINISTRATIVE CODE

TITLE 81 - JAIL STANDARDS BOARD

CHAPTER 11 - STANDARDS FOR JAIL FACILITIES - FOOD SERVICES

**001 Policy.** It is the policy of the State of Nebraska that all jail facilities provide food services which are consistent with the Standards established herein. All facilities shall have written policy and procedure to govern the facility's food service operations.

**002 Frequency of Meals**. At least three (3) meals, one (1) of which shall be hot, must be provided at regular times during each twenty-four (24) hour period with no more than fifteen (15) hours between the evening meal and breakfast.

**003 Preparation of Meals**. Meals shall be prepared with consideration for food flavor, texture, temperature, appearance, and palatability.

**004 Dietary Allowances**. The food service shall meet the dietary allowances as ~~stated in the Recommended Dietary Allowances, National Academy of Sciences. Serving each inmate the specified servings from each of the five (5) food groups will satisfy this requirement:~~recommended by the United States Department of Agriculture.

~~004.01 Meat or Protein Group. Two (2) servings per day are required;~~

~~004.02 Milk Group. Two (2) servings per day are required;~~

~~004.03 Vegetable Group. Three (3) servings per day are required;~~

~~004.04 Fruit Group. Two (2) servings per day are required, both of which could be citrus or tomato juice;~~

~~004.05 Cereal or Bread Group. Three (3) servings per day of whole grain or enriched products are required.~~

**005 Menu Review.** Menus and records of meals served shall be reviewed at least annually by a dietician or nutritionist to verify nutritional adequacy. The facility shall maintain documentation of the dieticians or nutritionist's review and verification. Subsequent menus shall be promptly revised to eliminate any deficiencies noted.

~~005~~ **006 Medically Prescribed Diets**. Special diets shall be provided when prescribed by the medical authority, or qualified medical employee.

~~006~~ **007 Religious Diets**. Provisions shall be made for special diets required by an inmate's

religious beliefs where reasonably ~~possibly~~possible.

~~007~~ **008 Records**. Accurate summary records shall be maintained of the diet served to inmates.

~~008~~ **009 Supervision**. All meals shall be served under the direct supervision of facility employees.

~~009~~ **0010 Use of Food as Discipline**. Food shall not be withheld, nor the menu varied, as a disciplinary sanction.

~~010~~ **0011 Sanitation**. Each jail facility shall comply in all matters of sanitation in the storage, preparation, and service of food with the Food Service Sanitation Manual issued by the United States Food and Drug Administration.

EFFECTIVE DATE: August 9, 1980