Substance Abuse Services

Service Name	OUTPATIENT *INDIVIDUAL* THERAPY– LEVEL I: ADULT SA
Funding Source	Medicaid Behavioral Health Services (Registered service, does not require prior authorization under this funding source)
Setting	Outpatient Services are rendered in a professional office/clinic environment appropriate to the provision of psychotherapy service.
Facility License	As required by regulation and licensure
Basic Definition	Outpatient Individual SA Therapy describes the professionally directed evaluation, treatment and recovery services for individuals experiencing a substance related disorder that causes moderate and/or acute disruptions in the individual's life.
Service Expectations	• A Substance Abuse Assessment by a fully licensed clinician prior to the beginning of treatment • Individualized treatment/recovery plan, including discharge and relapse prevention, developed with the individual prior to the beginning of treatment (consider community, family and other supports), reviewed on an ongoing basis, adjusted as medically necessary, and signed by the team including the individual served. • Assessments, treatment, and referral should address co-occurring needs • Monitoring stabilized co-occurring mental health problems • Consultation and/or referral for general medical, psychiatric, and psychopharmacology needs • Motivational interviewing • If the client has a co-occurring diagnosis it is the provider's responsibility to coordinate with other treating professionals
Length of Services	Length of treatment is individualized and based on clinical criteria for admission and continued treatment, as well as the client's ability to benefit from individual treatment/recovery goals.
Staffing	• Appropriately licensed and credentialed professionals (Psychiatrist, APRN, Psychologist, Provisionally Licensed Psychologist, LMHP/LADC, PLMHP/LADC, LMHP, PLMHP, LADC, PLADC) working within their scope of practice to provide substance abuse and/or dual (MH/SA) outpatient treatment • A dually licensed clinician is preferred for any client with a co-occurring diagnosis..
Staffing Ratio	1:1 Individual
Hours of Operation	Typical business hours with weekend and evening hours available by appointment to provide this service
Desired Individual Outcome	• The individual has substantially met their treatment plan goals and objectives • Individual is able to remain stable and sober in the community without this treatment. • Individual has support systems secured to help the individual maintain stability in the community
Rate	BHS: See Behavioral Services rate schedule; NMMCP: See Medicaid rate schedule