Substance Abuse Services

Service Name	OUTPATIENT *FAMILY* THERAPY - LEVEL I: SA
Eligibility	Medicaid Behavioral Health Services (Registered service, does not require prior authorization under this funding source)
Setting	Outpatient Services are rendered in a professional office/clinic environment appropriate to the provision of psychotherapy service.
Facility License	NA
Basic Definition	Outpatient family SA therapy is a therapeutic encounter between the licensed treatment professional and the individual (identified patient), the nuclear and/or the extended family. The specific objective of treatment must be to alter the family system to increase the functional level of the identified patient/family by focusing services/interventions on the systems within the family unit. This therapy must be provided with the appropriate family members and the individual.
Service Expectations	• A Substance Abuse Assessment by a fully licensed clinician prior to the beginning of treatment • Assessment should be ongoing with treatment and reviewed each session. • Treatment Planning: A goal-oriented treatment plan with measurable outcomes, and a specific, realistic discharge plan must be developed with the individual (identified patient) and the identified, appropriate family members as part of the initial assessment and SA outpatient family therapy treatment planning process; the treatment and discharge plan must be evaluated and revised as medically indicated during the course of treatment. The treatment plan must be signed by the treatment provider and the individual(s) served. • Consultation and/or referral for general medical, psychiatric, and psychopharmacology needs • Provided as family psychotherapy
Length of Services	Length of treatment is individualized and based on clinical criteria for admission and continued treatment, as well as the family's ability to benefit from treatment.
Staffing	Appropriately licensed and credentialed professionals (Psychiatrist, APRN, Psychologist, Provisionally Licensed Psychologist, LMHP/LADC, PLMHP/LADC, LMHP, PLMHP, LADC, PLADC) working within their scope of practice to provide substance abuse and/or dual (MH/SA) outpatient treatment. A dually licensed clinician is preferred for any dually diagnosed client.
Staffing Ratio	1 Therapist to 1 Family
Hours of Operation	Typical business hours with weekend and evening hours available by appointment to provide this service
Desired Individual Outcome	• The family has substantially met their treatment plan goals and objectives • Family has support systems secured to help them maintain stability in the community
Rate	BHS: See Behavioral Services rate schedule; NMMCP: See Medicaid rate schedule