Crisis Services

Service Name	MENTAL HEALTH RESPITE
Funding Source	Behavioral Health Service
Setting	Residential Facility
Facility License	• Mental Health Center • Substance Abuse Treatment Center • Assisted Living
Basic Definition	Mental Health Respite is designed to provide shelter and assistance to address immediate needs which may include case management on a 24/7 basis to consumers experiencing a need for transition to another home or residential setting or a break from the current home or residential setting. Mental Health Respite provides a safe, protected, supervised residential environment on a short-term basis. The intent of the service is to support a consumer throughout the transition or break, provide linkages to needed behavioral health services, and assist in transition back into the community.
Service Expectations	• Provide on-site access to the following services: periodic safety checks and monitoring, personal support services, medication monitoring, assistance with activities of daily living, limited transportation, and overnight accommodations including food and lodging. • Establish linkage to psychiatric services, pharmaceutical services, medical/dental services, basic health services, psychiatric and emergency medical services. • Provide referrals to needed community services and supports including but not limited to behavioral health services, substance abuse treatment services, and community housing. • Provide 24-hour staff. • Provide opportunities to be involved in a variety of community activities and services. • All services are culturally sensitive.
Length of Services	• Until discharge guidelines are met or consumer chooses to exit the program. • Typically no more than seven days.
Staffing	• Program Manager: BS degree or higher in human services or equivalent course work, two years experience/training with demonstrated skills and competencies in treatment of individuals with a behavioral health diagnosis, <u>and</u> training in rehabilitation and recovery principles. • Direct Care Staff: High school diploma or equivalent with minimum of 2 years experience in the field and training with evaluation of course competency, preferably by a nationally accredited training program. All Direct Care Staff must be trained in rehabilitation and recovery principles. • At a minimum a consultative arrangement with a licensed behavioral health professional, Physician, and Dietician. Affiliation agreement with a Registered Nurse, Psychiatrist, and Psychologist. • All staff must be trained in trauma-informed care, recovery principles, and crisis management. • Personal recovery experience preferred for all positions.
Staffing Ratio	• Direct care ratios are 1:12 during 1st and 2nd shift and 1:16 on 3rd shift with on-call support staff available.

Service Name	MENTAL HEALTH RESPITE
	• Peer Support 1-16 ratio (if available)
Hours of Operation	24/7
Consumer Desired Outcome	• Consumer is able to transition successfully to previous or a new community setting. • Consumer has a community-based support system in place. • Need for respite has been resolved.
Rate	1 Unit = 1 Day