Rehabilitation Services

Service Name	SECURE RESIDENTIAL
Funding Source	Medicaid Behavioral Health Services
Setting	Facility based with the capacity to be locked
Facility License	Mental Health Center
Basic Definition	Secure Residential Treatment is intended to provide individualized recovery, psychiatric rehabilitation, and support as determined by a strengths-based assessment for individuals with a severe and persistent mental illness and/or co-occurring substance abuse disorder demonstrating a moderate to high-risk for harm to self/others and in need of a secure, recovery/rehabilitative/therapeutic environment.
Service Expectations	• History and Physical within 24 hours of admission by a physician or APRN. A history and physical may be accepted from previous provider if completed within the last three months. An annual physical must be completed. • Initial Diagnostic Interview within 24 hours of admission by a psychiatrist • Nursing assessment within 24 hours of admission • Other assessments as needed, and as needed on an ongoing basis all of which should integrate MH/SA treatment needs • Initial treatment/recovery plan completed within 24 hours of admission with the psychiatrist as the supervisor of clinical treatment and direction. • Multidisciplinary bio-psychosocial assessment completed within 14 days of admission. • An individual recovery/discharge/relapse prevention plan developed with the individual and chosen supports' input (with informed consent) within 30 days of admission and reviewed weekly by the individual and recovery team • Integration of substance abuse and mental health needs and strengths in assessment, treatment/recovery plan, and programming. • Consultation services available for general medical, dental, pharmacology, psychological, dietary, pastoral, emergency medical, recreation therapy, laboratory and other diagnostic services as needed • Face-to-face with a psychiatrist at a minimum of every 30 days or as often as medically necessary • 42 hours of active treatment available/provided to each consumer weekly, seven days per week • Access to community-based rehabilitation/social services to assist in transition to community living • Medication management (administration and self-administration), and education • Psychiatric and nursing services • Individual, group, and family therapy and substance abuse treatment as appropriate • Psycho-educational services including daily living, social skills, community living, family education, transportation to community services, peer support services, advance directive planning, self-advocacy, recreation,

Service Name	SECURE RESIDENTIAL
	vocational, financial
Length of Services	Length of service is individualized and based on clinical criteria for admission and continuing stay, as well as the individual's ability to make progress on individual treatment/recovery goals. An individual may decline continuation of the service, unless under mental health board commitment, court order, or have a legal guardian.
Staffing	• Medical Director: Psychiatrist with adequate time to meet the requirements as identified in the service expectations. • Program Director (APRN, RN, LMHP, LIMHP, or licensed, clinical psychologist) must have the ability to create and manage a clinical team. • DBH: Direct Care Staff, holding a bachelor's degree or higher in psychology, sociology or a related human service field are preferred but two years of coursework in a human services field and/or two years experience/training or two years of lived recovery experience with demonstrated skills and competencies in treatment with individuals with a behavioral health diagnoses is acceptable. • Medicaid and Long-Term Care: Direct Care Staff, holding a bachelor's degree or higher in psychology, sociology or a related human service field are preferred but two years of coursework in a human services field and two years experience/training or two years of lived recovery experience with demonstrated skills and competencies in treatment with individuals with a behavioral health diagnoses is acceptable. • Therapist: Psychologist, LIMHP, APRN, PLMHP, LMHP/LADC • Nursing: 24 hours per day. APRN, RN with psychiatric experience
Staffing Ratio	• 1 direct care staff to 4 clients during client awake hours (day and evening shifts); 1 awake staff to 6 clients with on-call availability of additional support staff during client sleep hours (overnight); access to on-call, licensed mental health professionals 24/7 • Consider appropriate care staff coverage to provide a variety of recovery/rehabilitative, therapeutic activities and groups for clients throughout weekdays and weekends. • RN services are provided in a RN/client ratio sufficient to meet client care needs • Therapist to consumer, 1 to 8 • Peer Support to consumer, 1 to 16 if available
Hours of Operation	24/7
Desired Individual Outcome	• Symptoms are stabilized and the individual no longer meets clinical guidelines for secure residential care • Individual has made **substantial** progress on his/her self-developed recovery plan goals and objectives, and developed a crisis relapse/prevention plan • Individual is able to be safely treated in the community
Rate	1 Unit = 1 Day