Substance Abuse Services

Service Name	INTENSIVE OUTPATIENT – LEVEL II.1: ADULT SA
Funding Source	Medicaid Behavioral Health Services
Setting	Intensive Outpatient Services are provided in an office/clinic environment or other location appropriate to the provision of psychotherapy service.
Facility License	Substance Abuse Treatment Center
Basic Definition	Intensive Outpatient Services provide group based, non-residential, intensive, structured interventions consisting primarily of counseling and education about substance related and co-occurring mental health problems. Services are goal oriented interactions with the individual or in group/family settings. This community based service allows the individual to apply skills in "real world" environments.
Service Expectations	• A Substance Abuse Assessment by a fully licensed clinician prior to the beginning of treatment • Individualized treatment/recovery plan, including discharge and relapse prevention, developed with the individual prior to the beginning of treatment (consider community, family and other supports) within the first 2 contacts • Review and update of the treatment/recovery plan under clinical guidance with the individual and other approved family/supports every 2 weeks or more often as medically indicated, and ensure signatures by the treatment team including the individual • Therapies/interventions should include individual, family, and group psychotherapy, educational groups, motivational enhancement and engagement strategies • Other services could include 24 hours crisis management, family education, self-help group and support group orientation • Monitoring stabilized co-occurring mental health problems • Consultation and/or referral for general medical, psychiatric, and psychopharmacology needs • Provides 9 or more hours per week of skilled treatment, 3 – 5 times per week • Access to a licensed mental health/substance abuse professional on a 24/7 basis • If the client has a dual diagnosis (MH/SA) it is the provider's responsibility to coordinate with other treating professionals.
Length of Services	Length of service is individualized and based on clinical criteria for admission and continued treatment, as well as the client's ability to make progress on individual treatment/recovery goals. Six to 10 weeks may be typical.
Staffing	Appropriately licensed and credentialed professionals (Psychiatrist, APRN, Psychologist, Provisionally Licensed Psychologist, LMHP/LADC, PLMHP/LADC, LMHP, PLMHP, LADC, PLADC) working within their scope of practice to provide substance abuse and/or dual (MH/SA) outpatient treatment.

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	Behavioral Health Services funded programs must have a minimum of 50% licensed alcohol and drug counselors or dually licensed MH/SA clinicians providing direct addictions counseling.
Staffing Ratio	1:1 Individual; 1:1 Family; 1:3 minimum and no more than 1:12 maximum for group treatment
Hours of Operation	Typical business hours with weekend and evening hours available to provide this service
Desired Individual Outcome	• The individual has substantially met their treatment plan goals and objectives • The precipitating condition and relapse potential is stabilized such that individual's condition can be managed without professional external supports and intervention • Individual is able to remain stable and sober in the community at a less intensive level of treatment or support
Rate	BHS: See Behavioral Services rate schedule; NMMCP: See Medicaid rate schedule